



30th June 2026

FS2 PSHE Lessons (Summer Term 2026)

Dear Families,

This term, Ladybirds and Gruffalos classes will be discussing the NSPCC's Underwear Rule in our PSHE lessons.

During these discussions we will aim to teach our pupils the following important safety skills without giving explicit information or telling scary stories.

We will be teaching our pupils the NSPCC's Underwear Rule, using the 'PANTS' acronym.

PANTS stands for:

- Privates are private
- Always remember your body belongs to you
- No means no
- Talk about secrets that upset you
- Speak up, someone can help

If you would like to know more about the NSPCC's campaign and see how you can help keep your children safe in partnership with your child's school, more information can be found at www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/

If you have any questions or concerns, please don't hesitate to get in touch.

Thank you for your continuing support,
Foundation Stage 2 Team